



4401 Westown Pkwy, Ste 216
West Des Moines, IA 50266
seniorsonthemove-ia.com

AFFILIATE MEMBER DIRECTORY

HEALTH & WELLNESS

COMPANY



embrace LIFE
CHIROPRACTIC

CONTACT

Embrace Life Chiropractic
Dr. Drew Corpstein
515-639-0012
GoEmbraceLife.com

MEMBER SAVINGS

\$20 for initial consultation and evaluation.



Fitness By Design
Barb Mendoza
515-770-3844
Fitnessbydesigndm.com

Complimentary Fitness Class and two complimentary BEMER sessions to enhance circulation and reduce discomfort.



Concept by Iowa Hearing
Dr. Eric Wolvers
515-225-7966
West Des Moines
iowahearing.com

Free hearing screening



Oak Street Health
Elizabeth Leas
515-318-2075
elizabeth.leas@oakstreethealth.com

HOME SERVICES

COMPANY



CONTACT

Friends Home Care & Hospice
Melissa Buchanan
515-230-6691
friendshchospice@gmail.com

MEMBER SAVINGS



Golden Heart Senior Care
Alyssa Stegall
515-218-1486
goldenheartdesmoines.com

FREE needs assessment and
site/safety assessment

END OF LIFE PLANNING

COMPANY



CONTACT

Caldwell Parrish Funeral
Home & Crematory
Shannon Heinen
515-276-0551
caldwellparrish.com

MEMBER SAVINGS

Complimentary consultation
& Life's Planning Guide



Des Moines Winterset
Memorials

Tom Black
515-277-4433
dmwmemorials.com

RELOCATION SERVICES

COMPANY

CONTACT

MEMBER SAVINGS



Adamantine Spine Moving
Emily Wallace
515-207-2727
emily.wallace@spinemoving.com



Barb Wiedenman & Associates Senior discount when listing
515-210-3358 your home with Barb
barbwiedenman.org Wiedenman.



Mary Eikenberry
Senior Downsizing Coach
515-238-5255
marycoachingseniors@gmail.com



Purple Diamond Properties & DM Homebuyers
Tom Mileham
515-953-3535
Linda Mileham
515-339-9442
dmhomebuyers.net

FREE home evaluation and no standard seller closing costs if you sell your home to us.

FINANCIAL & LEGAL

COMPANY



CONTACT

Heartland Retirement Group
Nick Treibel
515-422-3333
yourhrg.com

MEMBER SAVINGS

Complimentary consultation



Law Group of Iowa
Jason Yates
515-556-4692
jyates@jmlegal.com



Life & Legacy Advisors
Vicki Monaco
515-309-2985
vicki@lifeandlegacyadvisors.com

Complimentary consultation
and Life & Legacy Planning
Guide.

INSURANCE

COMPANY

CONTACT

MEMBER SAVINGS



Aetna
Susan Hertzburg
515-587-6121
hertzbergs@aetna.com



Delta Dental & Vision Plans
Kim Cisna
515-225-1455
seniorsonthemove-ia.com

Access to "members-only"
Delta Dental and Vision plans



Health Markets
Lonnie Davison
515-205-9052
HealthMarkets.com/ldavison

FREE benefits consultation and
insurance cost comparison



Willis & Moore Inc.
Joe Willis
515-244-0156
willisandmoore.com

Review of exposure for home,
auto and business insurance.

SENIOR HOUSING COMMUNITIES

COMPANY

CONTACT

MEMBER SAVINGS



Attivo Trail 55+
Stephanie Gerleman
515-422-9898
attivotrail.com

Sign a 12 mo. lease and get
your first mo. FREE!
Up to a \$2,000 value.



Copperwood at Prairie Trail
2855 SW Vintage Pkwy in Ankeny
515-721-9777 | copperwoodseneiorliving.com



Grand Living at Tower Place
540 S 51st St,
West Des Moines, Iowa 50265
515-758-4459 | grandliving.com



Glen Meadows Retirement
850 S. 60th St.
West Des Moines, IA 50266
GlenMeadowsRetirement.com
515-422-5998



Meadowview of Johnston
5555 Pioneer Parkway
Johnston, IA 50131
515-534-0300



Wesley Life
ahutchins@wesleylife.org
515-326-0083